— November 2026

# TED LAURIER NEWS

## HAPPY BIRTHDAY NOVEMBER



Rita Murphy -Nov. 5
Billie Nixon - Nov.6
Clarence Couture- Nov. 7
Philip Kyte - Nov. 11
Ted Kinnear- Nov. 12
Martin McPhail-Nov. 12
Danielle Rancourt - Nov. 14
Carol Landriault-Nov.19
Julie Pearman-Nov.19
Christine Goulet- Nov.26
Marlene McDougall - Nov. 27
Heidi Smit- Nov.



*Anniversary*
*Tony and Laurette Quenneville- Nov. 30*
*59 years*

## NOVEMBER HIGHLIGHTS

Nov. 4- Resident's Council Meeting
Nov. 3- Drum Circle with Jody
Nov. 6- Helen's Christmas Craft Sale
Nov 11 - Remembrance Day
Jour du Souvenir noon-
Tribute to Veterans
Nov. 13- Monthly Birthday Party with Lucien
Nov. 17-Entertainent with Norm & Diane
Nov. 24 -Entertainment- Len Goldfarb
Nov. 27-Tim Horton's Treat

## In Flanders Fields

by Lt. Col. John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row, That
mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

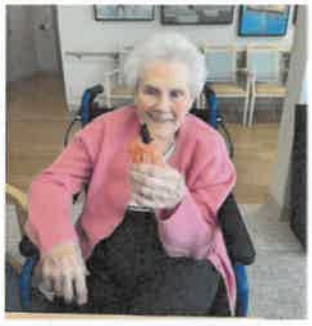
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ve break faith with us who die
We shall not sleep, though poppies grow,
In Flanders fields.

# Around Ted Laurier .....



Spa Time!







Halloween Craft!



The Ultra Classics



Knox St. Paul's Choir




Happy Birthday October!



## NOTES FROM THE ADMINISTRATOR



Stephanie Kinnear
Administrator/ owner

Welcoming November means we are one step closer to having to deal with another Canadian winter. Will Mother Nature be nice to us and give us a mild one? I guess we will have to wait and see

Unfortunately, with November now here, so are the increased number of germs and viruses. We depend on your commitment to Infection Control to make our season as successful as possible with respect to Outbreaks. Throughout the hallways, there are many hand sanitizers, and we strongly encourage everyone to use them. Studies have proven that hand washing is the key to preventing infections.

With respect to our "Flu Campaign", vaccines will be available throughout the month of November. We are offering both the COVID and the Flu shot. As well, our residents can avail of the RSV vaccine too. If anyone hasn't been able to obtain of it from their medical provider or pharmacy, we might be able to offer one, especially if we happen to have some leftover after the campaign. Our residents will have already received their shots, but we want as many people as possible vaccinated to prevent serious infections.

If you haven't already done so, please bring in any warmer items and remove the summery ones for your loved one. And any fans that were brought in for use during the summer can also be taken home for storage. This is also in accordance with Infection Control, as well as Health and Safety. We certainly wouldn't want anyone tripping over anything for example. If you have concerns about this, please feel free to bring it to the attention of the office. When you are switching up the clothing, keep in mind that the hangers labeled Sandfield, or the velvet ones are meant to stay in the closet. When bringing in new clothes, PLEASE have them LABELED BEFORE they are given to your resident. This helps reduce the possibility of them ending up in another closet.

Also, I wanted to remind residents and families that we will be sending out our annual resident satisfaction survey in December. Look for that either in the mail or your inboxes. We will have activation staff and our SSW, Kim, assist those residents in-house, if they are able to complete them independent of families.

November is also a damp and wet month so please be weary of wet boots and shoes. We will have implemented carpets for the winter months and appreciate clean footwear when possible. We will also have blue booties at the door for visitors.

Happy November!





# Happy Halloween









**FLASHBACK.....**



Ann Evans
Activity &
Volunteer Coordinator

**Our entertainers sure kept us singing and dancing this October! We welcomed Mark MacDonald, Lucien Lalonde, Knox St. Paul Choir and the Sunshine Choir. What fun they bring into the home!!**

**We had a quick trip to see some of the fall leaves around the area such a beautiful trip!**

**We ended the month with our Halloween party! Residents got to play some fun Halloween themed games. We enjoyed all sorts of spooky treats like haunted cupcakes, pumpkin cookies and ghost pudding cups!**

**Thank you to all the residents and staff who participated to make it such a successful event.**

**In the month of November we commemorate Remembrance Day with a display for our veterans. Please stop and have a look and take the time to thank a veteran.**

# IN MEMORIUM



Denise Benoit

Celine Walliser

Joan Ray

We would like to extend out deepest sympathies to the families and friends who have lost loved ones in the month of October. You are in our thoughts. Memorial Donations to the Residents' Council of Ted Laurier Place are accepted and appreciated. Memorial cards are available at the activity office. Receipts are issued

## IMPORTANT INFORMATION- FAMILY COUNCIL!!

The next Family Council Meeting will be held on Wednesday November 25, at 2:00pm.
Location at Ted Laurier Place TBD. It will be posted when you come in the door that day.




Family Councils Ontario



Family council meeting minutes are available for families in the front hallway. If you wish to have a copy please let Ann know she would be happy to make you a copy!

## From the Desk of the Food Service Supervisor....



Kelly Bailey
Food Service Supervisor

Hello,
We have started our new Fall Winter menu, and so far so good.
I have not heard of any negative feedback, but have heard from a few residents who are enjoying some of the new choices. One particular food choice that the residents are happy to see are cream pies as a dessert item.
As a reminder, this menu will be in place until April of next year. By mid-November I should be meeting with the residents again to see if there is any feedback on the current menu. In case anyone is wondering here is a list of some of the new food choices on this menu. Wonton Soup, pizza tater tot casserole, butter chicken, turkey meat loaf, hot roast beef sandwich, fried chicken, chicken cacciatori, liver and onions, turkey linguini, lemon chicken, Oktoberfest sausage, chicken marsala, tofu vegetable stir-fry, pepper steak, turkey divan, hummus sandwiches, cheese & tomato sandwiches, egg bites, waffles, French toast, papaya, chocolate mint cream pie, pumpkin bundt cake, macaroni & cheese with pumpkin, veal roulade, Nanaimo bar, and date squares. Quite a few new choices, so hopefully everyone will enjoy them.

**Ingredients CINNAMON APPLESAUCE COOKIES**



- ½ cup butter (room temperature)
- 1 cup brown sugar (lightly packed)
- 1 large egg
- 2 cups all purpose flour
- 1½ teaspoon baking powder
- ¼ teaspoon baking soda
- ¾ teaspoon cinnamon
- ¼ teaspoon salt
- 1 cup thick applesauce

Instructions
Pre-heat oven to 400° (200° celsius), line 2 cookie sheets with parchment paper.
Sift cake flour, baking powder, baking soda, cinnamon and salt into a large bowl
In a medium bowl cream together butter and brown sugar add egg blend about 2 minutes, add sifted dry ingredients alternately with the applesauce, combine until just combined.
Drop batter by spoonfuls (about the size of a golf ball) on prepared cookie sheets, bake for approximately 10-12 minutes until lightly golden. Keep in cool dry place, best if let to sit for 1 day before eating. (If you can wait) Enjoy! Dust with powdered sugar if desired.

















On November 11th, we would like to take this opportunity to salute our veterans who fought so bravely for our freedom



## ONE THOUSAND MEN ARE WALKING

One thousand men are walking
Walking side by side
Singing songs from home
The spirit as their guide
they walk toward the light milord
they walk towards the sun
they smoke and laugh and smile together
no foes to out run
these men live on forever
in the hearts of those they saved
a nation truly grateful
for the path of peace they paved
they march as friends and comrades
but they do not march for war
step closer to salvation
a tranquil steady corps
the meadows lit with golden beams
a beacon for the brave
the emerald grass untrampled
a reward for what they gave
they dream of those they left behind
and know they dream of them
forever in those poppy fields
there walks one thousand men
Joshua Dyer 2019 (aged 14)
Lest we forget



# Remembrance Day

T E B G K S P S E H K H N P Z J E M O Z E A R U
N O X K I P Y W O Z F L E S I O L S F Z R M J V
N J K G Q Q J X N U Q A B R E Z E U Z X E H C W
V K C G D L A D E M C I M J M E V N G O B Z D O
E H G P I C E A S E F I R E L R E D M I M B M Z
T Q G W D S T M K M E Y P P O P N A J R E S E K
E N A F R B G P Y O H G X V N I T Y X N M T C B
R S M U J J B E L H U I V W D V H N R E E V I B
A U B O W Z A C E C E Q Z V M U N X M W R U F T
N B M D O P T I E M O S I L E N C E P C E D I A
H C J T P Y T T P G G N M C G G H M O D E E R F
L H E I H Z L S R D R I I G T Q F A M R E Y C B
K B U I C E E I Y K L V T M Z H L H Q I D J A B
O V I L F P X M B P R E C W O W A Z O E K L S L
W B V P V A Y R H E R L I R W A N A U R E Y A B
M Y P H I Y C A S K S V E F V W D P K E G I L N
W L V A Z H E E H W N I W K C L E L D L R F X A
V A V F R U M T W D B Q T O B D R K M O U R X I
F A R W A K A Z S X N N N H D L S P M L E V I C
L I Y B W E T F D J K F V I Y U U E W I O Z G V
H Z L O R M F V I M L Y C S A Y M D D Q Y Y X I
E R R W N Y A Y V I W D P F B V A L V N A I W A
P C N Y J K J W C H D D W V V Z O L C N Z X Y O
T Y T Y D X S T X I V F I J C S N F W U A U Q U

armistice ceasefire sacrifice conflict eleventh
flanders memorial remember freedom service
silence soldier veteran battle sunday
wreath field medal peace poppy
war